

Spring cleaning tips

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MATTRESS:

Most people don't take the time to clean their mattress, but it's simple to do!

DEODORIZE:

To deoderize your matress, use a flour sifter to sprinkle baking soda over your mattress surface and let it rest for at least 30 minutes. While the baking soda sits on your mattress, keep your windows open to expose your bed to natural light. Sunlight dries up the moisture from your bed, further eliminating odors. Finally, vacuum your bed using the upholstery attachment to remove the baking soda.

STAINS:

To get rid of stains, mix together one cup of 3-percent hydrogen peroxide, 3 tablespoons of baking soda, and just a few drops of liquid dishwashing soap. Stir until the baking soda dissolves. Gently rub into trouble areas, and let dry.

BEDDING

It's best to wash your sheets, duvet covers, and pillowcases every week, but sometimes this can be overlooked with other weekly cleaning chores.

It's best to wash your sheets in hot water, as the heat kills bacteria. But make sure to always follow the care label instructions, as not all materials are the equal. Fewer bacteria and allergens on your bedding means fewer chances of dust and germs permeating your mattress.

Wash your pillows once every three to four months to prevent allergen build-up. Putting your pillows and comforters out in the sun once in a while makes them fluffy because sunlight dries up the moisture in them.

TIP: You can purchase mattress and pillow protectors from Daniadown to help keep your pillows and mattress in better condition longer.

BED FRAME / BOX SPRING

This is another overlooked cleaning tip that most people don't remember to take care of when cleaning their bed.

Your mattress usually rests on a box spring, foundation, or platform. Cleaning your mattress base along with your mattress prevents dust and germs from passing on to your mattress. T, but removing the dust and sanitizing will have a big impact. Whenever you prop up your mattress for vacuum cleaning, remove the bed skirt (if you have one) and wash it. Vacuum the surface of the box spring, foundation, or platform bed. If your bed frame sits low to the ground, remove the mattress and box spring and vacuum under the bed as well. A mattress resting on a clean base will stay fresh for longer.

WALLS

Walls are all around us, yet they rarely get any love when thinking about a clean house.

Wipe down any marks on walls with some warm water, a little dish soap, and a microfiber cloth. If it looks a little streaky afterwards you can use a microfiber polishing cloth to get rid of them. For any stubborn stains or scuffs, try using a baking soda paste by mixing water and baking soda until it has a toothpaste consistency or give it a scrub with a Mr. Clean magic eraser {just test it on an inconspicuous area first to make sure it does not lighten the paint}.

LIGHT FIXTURES AND SWITCHES

Use a microfiber cloth to wipe off any loose debris. If there is still grime, spray with the 50:50 water/vinegar spray {or multi-purpose cleaner} and wipe dry. Polish any shining surfaces with the window cloth and change out any light bulbs that need replacing. Spray a microfiber cloth with vinegar spray and wipe down the light switches and outlet covers.

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